Ignite Your Inner Genie

ArleneWow!

1. Personal Genie
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3. Whats Your Teachability Now?
4. You Get What You Think About
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6. Brick by Brick
7. I Feel Terrific
8. C'mon Let's Mastermind
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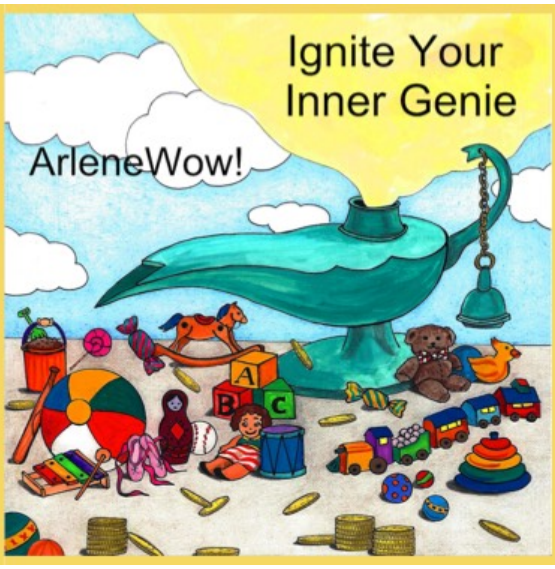
Lyrics and more information at www.arlenewow1.com



1. Personal Genie

I've got a personal genie
Right inside of me
When I'm thinking' right
And feel good in my heart
I can make my dreams come true

You've got a personal genie
Right inside of you
When you have a wish
Your wish is your command
You can make your dreams come true
You can make your dreams come true, true, true!

We all have a personal genie
It's so great don't cha know
Everybody's got a personal genie
Up, up, up and away we go!

I just love my personal genie
My genie loves me
Whatever I believe
I can easily achieve
I can make my dreams come true
I can make my dreams come true
I can make my dreams come true, true, true, true, true!

2. Who Do You Listen To?

Sometimes it's hard to know what's true
Who do you listen to?
When the sky is green and the grass is blue
Who do you listen to?

I was outside with my kitten
My kitten ran up the tree
I called out to her
But she wouldn't come to me

Then I told Kevin
Kevin told Tanner
Tanner told Sophie
Sophie told Maggie
Maggie told Eddy
And Eddy told me

My cat was sitin' on my knee
When I saw that she had fleas
So I chased her up a tree
If someone that you knew
Said this all to you
Would you believe it too?

Sometimes it's hard to know what's true
Who do you listen to?
When the sky is green and the grass is blue
Who do you listen to?

If they have what you want
And been where you are
Probably be somebody worth listening' to
If it's second hand news
Don't cry the blues

Sometimes it's hard to know what's true
Who do you listen to?

Sometimes it's hard to know what's true
Who do you listen to?
When the sky is green and the grass is blue
Who do you listen to?

If they have what you want
And been where you are
Probably be somebody worth listening' to
If it's second hand news
Don't cry the blues

It's good to know who to listen to

Sometimes it's hard to know what's true
Who do you listen to?
When the sky is green and the grass is blue
Who do you listen to?
Who do you listen to?
Who do you listen to?
Who do you listen to?

3. What's Your Teachability Now?

Teachability
From 1 to 10
Willingness to learn
And accept change
Do you know it all?
Better think again

Cause you don't know
What you don't know
A high teachability
Will help you grow
It's a journey of a lifetime
You're own reality show

What's your teachability, teachability now?
What's your teachability, teachability now?
Uh oh uh oh uh oh
Uh oh uh oh uh oh
Uh oh uh oh uh oh

Teachability
From 1 to 10
Willingness to learn
And accept change
How high can you go?
You can be a ten

And listen close to when the right people talk
With high teachability
You'll go far
You'll be your own celebrity
A teachability star

What's your teachability, teachability now?
What's your teachability, teachability now
Uh oh uh oh uh oh
Uh oh uh oh uh oh
Uh oh uh oh uh oh

Cause you don't know
What you don't know
A high teachability
Will help you grow
It's a journey of a lifetime
You're own reality show

What's your teachability, teachability now?
What's your teachability, teachability now?
Uh oh uh oh uh oh
Uh oh uh oh uh oh

4. You Get What You Think About

Think about what you want
Think about what you want

Think about what u want
Don't think about the how
Just focus on you goals and dreams
And feel good now

Soon you'll see
Everything you do
Will bring your dreams
Straight back to you

Use your mind
It's a powerful thing
Use your heart
To dance and sing

Think about what you want
Think about what you want

Don't be concerned
With the how
That's only 10 percent
Think about what makes you smile
Cuz that's no accident

Concentrate and use your thoughts
To make your dreams come true
Cuz the better
That you feel
The faster they come to you

Think about what you want (think about)
Think about what you want (think about)
Think about what you want (think about)
Cuz you get what you think about most of the time

Think about what you want
Think about what you want

Once you practice this technique
With some confidence
You're gonna get some great results
Just give yourself a chance

No matter if you're big or small
You can make your dreams come true
Just think about what you want
Cuz what you want wants you

Think about what you want (think about)
Think about what you want (think about)
Think about what you want (think about)
Cuz you get what you think about most of the time

You get what you think about most of the time

5. Automatic Pilot

At first you didn't know how to do somethin'
Then you realized you'd like to try
Follow someone else who really knows how to do it
Follow 'em until you get it right

It's like ridin' a bike
Or singing' a song
Keep on goin' over it all day long
And pretty soon you'll see

You're flying on Automatic Pilot
You've practiced perfectly
And you've gained so much confidence
Cause now you're unconsciously competent
You're flying' on Automatic Pilot

It's fun to try how to learn somethin' Now
you know exactly what to do
You'll fly high no matter what the weather
No need to adjust your altitude

It's like flying' a kite
Soarin' so high
You only see the clear blue sky
And the world way down below

Cause you're flying on Automatic Pilot
You've practiced perfectly
And you've gained so much confidence
Cause now you're unconsciously competent
You're flyin' on Automatic Pilot

No matter what you've heard
The sky is not the limit
Cause you can travel far
To a distant star
Or your favorite planet

It's like ridin' a bike
Or singin' a song
Keep on goin' over it all day long

Cause you're flyin' on Automatic Pilot
You've practiced perfectly
And you've gained so much confidence
And now you're unconsciously competent
Cause you're flyin' on Automatic Pilot

Flyin' on Automatic Pilot

6. Brick By Brick

You can only build as high as your foundation is deep
Mastering the basics will make you complete
It's all in who you listen to
How teachable you are
Focus on your attitude
And learning's 4 parts

Takes 5 minutes to learn
And a lifetime to master

Brick by brick
We build it strong
With knowledge and experience
Brick by brick
Brick by brick
Brick by brick
By brick by brick

& everyday we lead the way
Trusting in our feelings Brick
by brick
Brick by brick
Everyday we lead the way

You can only build as high as your foundation is deep
Mastering the basics will make you complete
It's all in who you listen to
How teachable you are
Focus on your attitude
And learning's 4 parts

We build with care and discipline
And learn from those who teach us
To only place the perfect brick And
never rush or be too quick

One day we'll stand upon it all
With thankfulness and gratitude
Soldiness beneath our feet Built
brick by brick
By brick by brick

You can only build as high as your foundation is deep
Mastering the basics will make you complete
It's all in who you listen to
How teachable you are
Focus on your attitude
And learning's 4 parts

Takes 5 minutes to learn
And a lifetime to master

You can only build as high as your foundation is deep...
Mastering the basics will make you complete…
It's all in who you listen to
How teachable you are
Focus on your attitude
And learning's 4 parts

Takes 5 minutes to learn
And a lifetime to master

5 minutes to learn
And a lifetime to master

7. I Feel Terrific

Alarm goes off and I jump outta bed
I look at myself and I smile
I'm alert and I feel so alive
I'm happy and I'm healthy and I'm wise

It's gonna be a good day
Cuz I feel terrific
It's gonna be a good day
Cuz I love life (repeat)

There's a spring in my step and a twinkle in my eye
If I had wings I could fly
I sing out loud like nobody's there
And even if they were
I wouldn't care

It's gonna be a good day
Cuz I feel terrific
It's gonna be a good day
Cuz I love life

I'm gonna clap my hands (clap, clap, clap)
Laugh out loud (ha, ha, ha)
Jump and shout (yippee, yahoo)
Cuz I feel terrific

I'm gonna clap my hands (clap, clap, clap)
Laugh out loud (ha, ha, ha)
Jump and shout (yippee, yahoo)
Cuz I feel terrific

Good thoughts always lead the way
I fill my mind with 'em everyday
I'm so happy that I'm me
It feels like I've won the lottery

It's gonna be a good day
Cuz I feel terrific
It's gonna be a good day
Cuz I love life (repeat)

I'm gonna clap my hands (clap, clap, clap)
Laugh out loud (ha, ha, ha)
Jump and shout (yippee, yahoo)
Cuz I feel terrific

I'm gonna clap my hands (clap, clap, clap)
Laugh out loud (ha, ha, ha)
Jump and shout (yippee, yahoo)
Cuz I feel terrific

It's gonna be a good day
Cuz I feel terrific
It's gonna be a good day
Cuz I love life

It's gonna be a good day
It's gonna be a good day
It's gonna be a good day
Cuz I feel terrific!

8. C'mon Let's Mastermind

C'mon let's mastermind
C'mon let's mastermind
Let's spend some time together

C'mon let's mastermind
C'mon let's mastermind
Let's put our heads together
We're gonna have some fun together
C'mon let's mastermind

Hangin' around with our like minded friends
For a picnic or a walk
What a perfect way
For us to play our favorite game

C'mon let's mastermind
C'mon let's mastermind
Let's spend some time together

C'mon let's mastermind
Cmon let's mastermind
Let's put our heads together
We're gonna have some fun together
C'mon let's mastermind

It's so nice when we are together
Not a single care in the world
Our smiles they are contagious
We're so happy it's outrageous

C'mon let's mastermind
C'mon let's mastermind
Let's spend some time together

C'mon let's mastermind
Cmon let's mastermind
Let's put our heads together
We're gonna have some fun together
C'mon let's mastermind

When 2 or more minds come together
We create a mastermind
And thanks to the law of attraction
We can make our dreams come true all the time

C'mon let's mastermind
C'mon let's mastermind
Let's spend some time together

C'mon let's mastermind
Cmon let's mastermind
Let's put our heads together
We're gonna have some fun together
C'mon let's mastermind
C'mon let's mastermind
C'mon let's mastermind
Let's have some fun together
C'mon let's mastermind
Cmon let's mastermind
We're birds of a feather
We should all flock together

C'mon let's mastermind

9. A Simple Recipe

Here's a simple to make your dreams come true
You have all the ingredients
They're all inside you
Mix them up in great big bowl
Cause you're on your on your way to reach your goal

It's one part imagination
One part visualization
Add a dash of gratitude
And a pinch of feel good

Let it rise in your heart
Breathe in the aroma
You can see just how good it's going to taste

Set the table
Invite your friends
This buffet will never end
When you serve it with love
Serve it with love

It's such a simple recipe
Just follow it you'll see
That you can achieve anything
And do it easily
Just see it unfold before your eyes
You bake up a dream that's as big as the sky

Let it rise in your heart
Breathe in the aroma
Set the table
Invite your friends
This buffet will never end
When you serve it with love

solo

Let it rise in your heart
Breathe in the aroma
Set the table
Invite your friends
This buffet will never end
When you serve it with love
Serve it with love
When you serve it with love
Serve it with love

It's one part imagination
One part visualization
One part imagination
One part visualization

Ignite Your Inner Genie is dedicated to the Global Information Network members and their children. You're my GIN family!
Also dedicated to kids of all ages who enjoy fun, happy and positive music!
Many Thanks to Rebecca Anselmo Whitehall who spurred me on to write this incredible music.
Thanks to Mr. Blaine Athorn and Kevin Wolfe for believing in me.
Thank you to Joan DuQuette, Rachael, Hilary, MAMA and the rest of the fam for your unconditional love and support.

Kids and Parents:
Here's the teachings on this CD:

Mastering the basics:

1. Who Do You Listen To?
Listen to those who have been where you are and are where you want to be

2. Teachability:
On a scale from 1-10 how willing are you to learn and accept change? Be a 10!

3. Training Balance Scale:
Concentrate on 90% positive thoughts and positive feelings and 10% on actions
Don't worry about the "HOW"

4. 4 Ways of Learning:
Unconscious incompetence (you don't know that you don't know)
Conscious Incompetence (you know that you don't know)
Conscious Competence (you've learned but still need your notes)
Unconscious Competence (all your learning comes naturally, without even thinking!)

5. Master these 4 Basics and FEEL GOOD NOW!

Parents: for more information about the Global Information Network please visit www.GINUNITED.com
To join, please use reference #1526611 (Arlene Tessman)

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